



Coach Agreement

HGC POLICY & PROCEDURES



Harlow Gymnastics Club is fully committed to safeguarding and promoting the well being of all its members. The club believes it is important that members, coaches, administrators and parents associated with the club should, at all times, show respect and understanding for the safety, welfare and rules of the club.

All HGC Coaches have signed up to a detailed code of conduct as summarised below. We agree to adhere to the following principles:

- The well being and safety of participants is paramount.
- We are fully aware of our responsibilities with regards to the duty of care 'owed' to gymnasts and will follow child protection guidelines and recommended good practice at all times.
- We will respect the rights, dignity and individuality of all HGC members.
- We will aim to improve the gymnast's self-confidence by giving positive feedback and constructive criticism.
- We will aim to encourage gymnasts to gain independence and self-discipline.
- We will agree aims with the gymnasts and give competition dates at least on an annual basis.
- We will do our best to encourage gymnasts to value their performances and not just their results.
- We will do our best to establish an appropriate working relationship with the gymnasts in our care based on mutual trust and respect.
- We will ensure all activities are appropriate to the age, ability and experience of the gymnast and that all participants are suitably prepared physically and psychologically.

- We will ensure that best practice coaching guidelines are adhered to at all times.
- We will obtain prior written consent from the parent/guardian of gymnasts before transporting them anywhere (training/competitions/camps etc).
- We will show respect to parents/carers and do our best to provide information and answer questions (outside of training times).
- We will ensure that gymnasts are safely dispersed at the end of their session.

When attending competitions, events or squad training

- We will participate within the rules and respect other coaches, judges, officials and their decisions.
- We will not do anything that will bring the name of HGC into disrepute
- We will encourage and show support at all times whilst retaining a professional and positive approach during any organised event.